



**Please Join the South Sound Buddhist Peace Fellowship and the Open Gate Sangha
In a Thich Nhat Hanh style
Meditative Walk for Peace
in honor of
Dr. Martin Luther King Jr.**



In honor of Dr. Martin Luther King Jr. the South Sound Buddhist Peace Fellowship and Open Gate Sangha will be conducting a silent peace walk in the tradition of Thich Nhat Hanh. The walk will be at Capital Lake on **Sunday January 19th from 12:00 to 1:30**. Anyone wishing to walk in silent meditation in support of peace and non-violence is invited to attend. There will be no banners or signs, no chanting and no cheering. Simply people walking in silence for peace, honoring the memory and principles of Dr. Martin Luther King Jr.

As the Nobel Peace Prize Laureate of 1964, Dr. Martin Luther King, Jr. nominated Vietnamese Zen Master Thich Nhat Hanh for the Prize in 1967. Since that time Thich Nhat Hanh has become one of the most beloved Buddhist teachers in the world. Reverend Nhat Hanh offers a practice of "mindfulness" that is relevant and beneficial for people of all faiths, by helping us resist and transform the aggression and violence of our modern society. The **Buddhist Peace Fellowship** is an international organization of Engaged Buddhists which aims to employ the wisdom and compassion developed through Buddhist practice and social activism.



The walk begins at Marathon Park on Capitol Lake, rain or shine

For info about our Buddhist Peace Fellowship group: please visit our website: www.ssbpf.net

Walk begins at Noon. Please plan to arrive early for introductions & instructions.